

If your dog follows you everywhere, greets you like a rock star, and has completely claimed your heart (and the couch), this little project is for you

The *My Dog Is My Valentine* Coaster is a fun, quick in-the-hoop design with a playful twist, finished with an envelope back for a neat, professional result.

Available in 4x4, 5x5, and 6x6 hoops, it's perfect for a speedy stitch or a thoughtful handmade gift for a fellow dog lover.

All formats included in the download file: DST, EXP, HUS, JEF, PES, VIP, VP3, XXX

FINISHED SIZE



4X4-DOG VALENTINE.pes
98.0x98.0 mm (3.86x3.86 "),



5X5-DOG VALENTINE.pes
128.0x128.0 mm (5.04x5.04 ")



6X6-DOG VALENTINE.pes
158.0x158.0 mm (6.22x6.22 ")

MATERIALS FOR COASTERS

- Cutaway stabiliser

FABRIC	4x4 hoop	5x5 hoop	6x6 hoop
Frame fabric (green)	1 piece 5 x 5 inch	1 piece 6 x 6 inch	1-piece 7x7inch
Inner fabric (white)	1 piece 4 x 4 inch	1 piece 5 x 5 inch	1 piece 6 x 6 inch
Batting	1 piece 5 x 5 inch	1 piece 6 x 6 inch	1 piece 7 x 7 inch
Backing fabric	2-pieces 6 x 5 inch Folded to 3 x 5 inch	2-piece 8 x 6 inch Folded to 4 x 6 inch	2-piece 7 x 10 inch Folded to 7 x 5 inch

STABILISER AND HOOPING

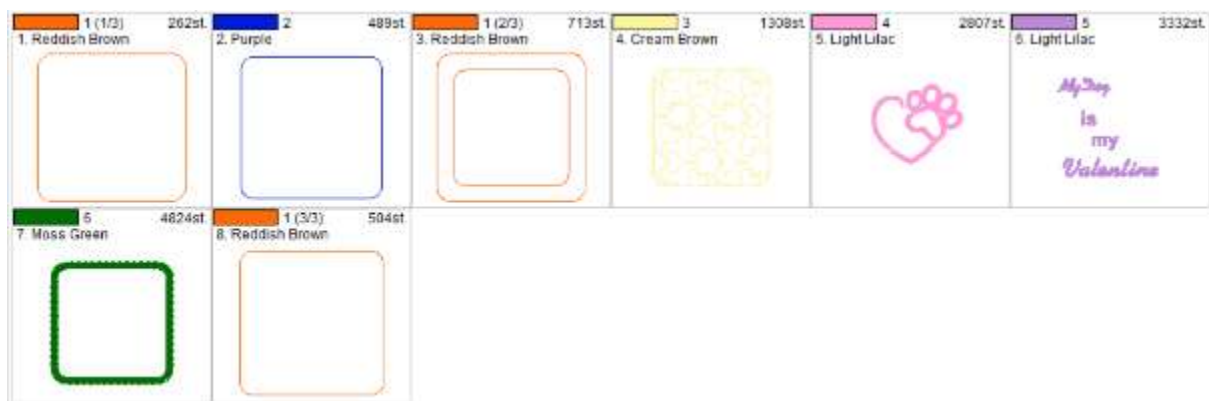


Hoop stabiliser

Use pins at the hoop edge to ensure no stabiliser movement

If you are new to this technique
[Click here to watch Kay's hooping video](#)

CONSTRUCTION



STEP ONE – THE FABRIC PLACEMENT LINE



Thread your machine with a neutral colour

Stitch Colour 1, which is the outline of the design and shows you where to place your fabric

STEP TWO – BATTING



Place thin batting over the guideline

Stitch Colour 2 to attach



Cut away excess batting

There is a small gap between the original outline and the batting, this is correct, it keeps the batting out of the seams

STEP THREE – ADD FABRIC



Place your frame fabric over the guideline

Stitch Colour 3 – to attach

Placement line for the inner fabric is stitched



OPTIONAL

If, like my sample, you have a dark fabric, you can cut away the inner fabric, so it does not show through your lighter top fabric



Place your inner fabric
over the guideline

Stitch Colour 4 to attach



Stitch inner design

Colour 5 – My Dog
wording (red)

Colour 6 – Paw heart
(gray)



Cut away excess inner fabric



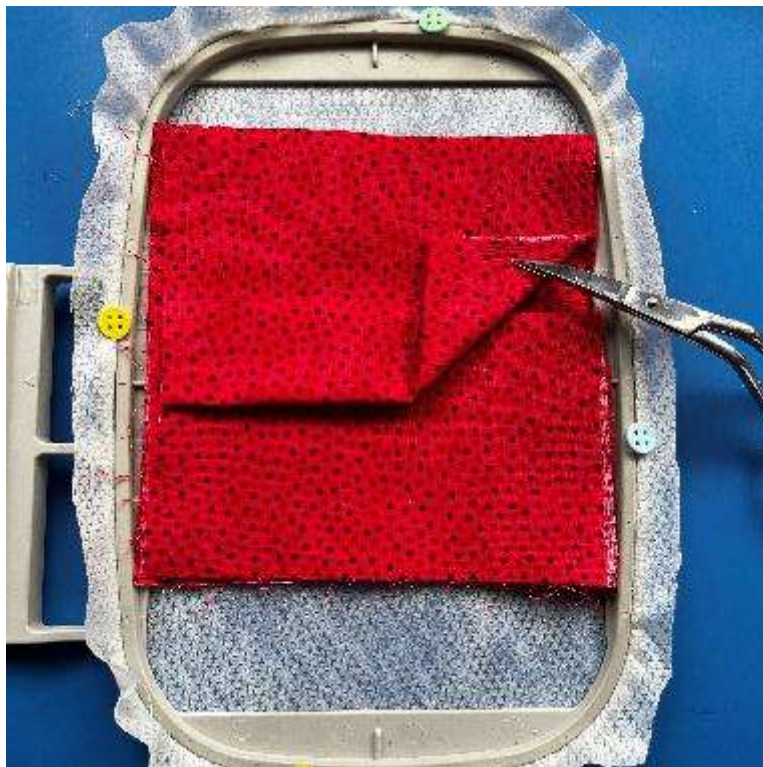
Stitch Colour 7 to zigzag, then complete the inner satin stitch edge (red)

STEP FOUR – ENVELOPE BACK



Place the first backing piece:

Position your first piece of backing fabric *inside the hoop*, with the **folded edge facing inwards**. Align it so it covers the placement guidelines but leave a **gap at the TOP** where you can still see the embroidery stitching.



Add the second backing piece:

Now place your second backing piece on top, again with the **folded edge facing inwards**. Position it so it overlaps the first piece.



OPTIONAL:

Place a layer of plastic solvy topper over all fabric

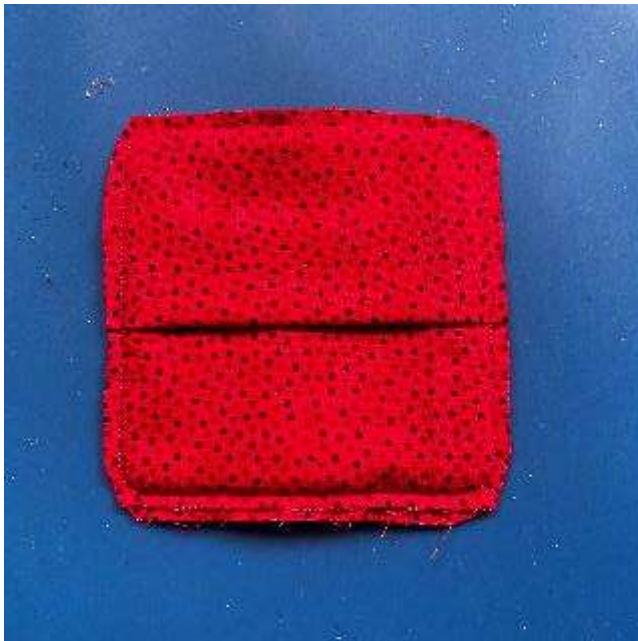
This ensures your presser foot will not get caught in the fabric edge



Secure the backing:

Stitch **Colour 8** to attach both backing pieces to your project.

STEP FIVE – FINISH



Carefully cut away the excess stabiliser and fabric around the outer edges of your project. Be sure to leave a **¼ inch seam allowance** all the way around.

For a smoother finish when turning your project right side out, **clip around any curved edges**, being careful not to cut through your stitching.



Turn your project right side out through the opening between the envelope backing pieces. Use a blunt tool (like a turning stick or chopstick) to carefully push out the corners and curves.

Press:

Once turned, press your project flat with a warm iron, taking care around the edges to give it a crisp, finished look.



P.S. Yes, we know.
Your cat is now staring at you
judgingly.
Make it up to them with our
**FREE “My Cat Is My
Valentine” Coaster** —
because peace in the sewing
room matters.

	<p><i>I wish to extend a heartfelt thank you to my amazing Angel Ladies, Beverly, Darina, Faye, Flo, Kay W, Louise and Sandy, who generously give their time to test and perfect my designs. Your creativity and passion mean the world to me, and I truly couldn't do this without you. You make sure every design is the best it can be, and I'm so grateful for all your hard work and dedication!</i></p> <p><i>A special thank you to Kim, who runs our fantastic Facebook Group, to Kay for creating the incredible videos that bring these projects to life, and to Flo for proofreading these instructions — your attention to detail makes all the difference.</i></p> <p><i>It takes a village!!</i></p> <p><i>Heather</i></p>
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QUICK LINKS

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